

Dear Students

On behalf of the Canadian Federation of Medical Students (CFMS), I want to welcome all our new member medical students in the classes of 2024 and 2023. We are so excited for you to join the CFMS family. It's an understatement to say that starting medical school in the midst of a global pandemic is a different experience with significant challenges but your faculties, peers and the CFMS are here to support you. The CFMS has a whole host of supports including member discounts, volunteer opportunities and most importantly serving as your national advocacy voice. The CFMS connects, supports and represents our members as you learn to serve patients and society. All our members are *Tomorrow's Physician's*, *Leading for Health Today*. We hope you will all sign up for a CFMS account which allows you to maximize your member benefits.

To all our other members who are continuing with clerkship and beginning to prepare for the 2021 match cycle, returning after short breaks to start your clerkships and or continuing preclinical learning we hope things are going well! Remember that the CFMS is here to support you. As things continue to evolve this year we will continue to be your national advocate, be open and transparent in communication and engage you as much as possible in decision-making.

The last 6 months have been a whirlwind for medical education in Canada and the CFMS. We have seen seismic shifts in response to the challenges posed by the COVID-19 pandemic in all aspects of our life and medical school has been no different. I am very proud of the work of the CFMS and the entire medical education community to adapt and respond to ensure high quality education. We will continue to navigate the challenges ahead together.

This is my last CFMS blog/memo as your CFMS President. At the CFMS virtual AGM Sept 19-20 I will officially pass the reigns to incoming president, Henry Li, from the University of Manitoba. To find out more information about our general meeting you can check out the meeting webpage here. If you are interested in attending, please reach out to your local school Medical society as they all have specific processes to determine the school delegation.

It has been an absolute honour to be your President for the last year. I look forward to the AGM in two weeks as we celebrate the last year, complete election of the new 2020-2021 board, vote on position papers and resolutions and kick start what is sure to be a dynamic academic year.

Our board theme this year has been *Tenacity*, and our motto, *The Future of Medicine is CFMS*, *The Future of Medicine is You*. I'm sending everyone all the best wishes for the upcoming academic year.

As always if you have any questions or concerns, please do not hesitate to reach out to me at president@cfms.org

Sincerely,

Victor Do

MD, Class 2020, University of Alberta

CFMS President, 2019-2020

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